



OLA HAWAIIAN FACIAL REFRESHER

25 MINUTES

This all natural facial refresher treatment will delight the senses and renew and soften the skin.

The treatment begins by opening the pores and purifying the skin using a warm Hawaiian Herbal Tea. Next we awaken the senses with a tangy Passion Fruit Facial cleanse followed by your choice of Taro Honey or Volcanic Clay mask. Our Taro Honey mask is designed to condition and moisturize the skin. Our Volcanic Clay mask will detoxify the skin while flower essences calm and soothe the skin. Finish with a refreshing mist to tone and hydrate your skin.

Afterwards you can offer your guest a refreshing or hot cup of Hawaiian Herbal tea to drink!

This treatment can be offered as a massage booster, pool side treatment or a la carte service.

Products Needed

- Hawaiian Herbal Tea, 1 oz
- 'Āina Cleanser, 1 tsp
- 'Āina Taro Honey Mask, 1 TBS
- Pua Hibiscus Volcanic Clay Mask, 1 TBS
- 'Āina Toner
- Flat River Stones
- Ola Body Butter

Prep

- Prepare table: blanket, sheet, bath towels at head of table, sheet, blanket
- Put both masks in bowls
- Put cleansers in pitchers
- Put toner in a small spray bottle
- Prepare Facial Tea in product warmer or crock pot
- Place towels in towel warmer

Treatment: Beginning (2 minutes)

- Pick up client following standard protocol. Use and confirm client name.
- Review the type of treatment and length. Show them the facial masks and explain which products are best for which sorts of conditions. Decide which products would best suit your client at this time.
- Review Contraindications including allergies to nut oils, allergy to papaya, allergy to fruits or seaweeds, sensitivity to essential oils, rosacea, acne or any inflammatory condition.
- Instruct client to lay face up on table in between the sheets and ask if she/he is comfortable.
- Client lies face up on top of the bottom sheet and is covered with a top sheet and blanket if necessary.
- Wrap Head/hair in bath towel and lay head upon the other bath towel width wise across table.

Treatment: Facial Cleanse 3 minutes

- Begin with a steamy Hawaiian herbal cleanse (cloth soaked in Herbal Tea). Squeeze out extra moisture.
- Test temperature of towels before applying to skin.
- Apply to face and wrap. Apply pressure and compressions.
- Re-dip into tea and repeat three times.

Treatment: Facial Wash (3 minutes)

- Wet your hands and put a teaspoon of facial wash in the palm of your hand.
- Rub hands together to create a light foam.



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- Spread the wash on the face using circular movements and adding small amount of warm water from bowl as needed.
- Repeat if needed.
- Remove with hot towels.

Treatment: Facial Mask, (chose from Taro Honey or Flower Infused Volcanic Clay) (10-15 minutes)

- Using your hands, completely cover the face with a thin layer of mask.
- Focus on the forehead, around the eyes, around the cheeks, along the jaw lines.
- After placing cold stones on the eyes, perform a light neck and shoulder massage using Ola Body Butter. Can add scalp massage here as well.
- Remove mask with tea soaked damp towels

Treatment Finish: Hydrating Mist, 1 minute

- Ask client to close their eyes and lightly mist face and décolleté with 'Āina Toner.
- Afterwards you can offer your guest a refreshing or hot cup of Hawaiian Herbal tea to drink!

Recommended Take home products

- Ola Hawaiian Skin Care
- Ola Body Butter