Ola Tropical Apothecary by Hawaiian Body Products

POOL SIDE PROTOCOL

LOWER LEG & NECK MASSAGE

25 MINUTES | INDIVIDUALS OR COUPLES

Enjoy a few splendid moments of poolside indulgence with our pool side foot treatment! This convenient poolside treatment will leave your feet refreshed and softened and your body and mind relaxed and renewed in no time!

Begin with an all over Deep Sea Body Spritz using our pure island scented water infused with Kona Deep Sea water.

Next we will offer your lips our moisturizing pure beeswax lip balm to enjoy while we apply our tropical body butter to your feet and lower legs.

We will finish with a nice shoulder and neck massage and lasting hydrating body spritz using our pure scented island water.

Products Needed

- Body Mist
- Body Butter
- Lip Balm

Accessories required

- H20 Spray bottle
- Hot, damp towels if availble

Treatment: Beginning (2 minutes)

- Client is seated or reclining
- Begin by reviewing products and contraindications.
- Hand your client a moisturizing and protective lip balm. Spray off feet with water and perform an all over body application of our Tropical Mist. 2 minutes.
- Wipe down feet with towel.

Treatment: Foot Massage (22 minutes)

1. Apply body butter to both feet. 2 min.
2. Wrap one foot in hot or cold damp towel while performing massage to other foot, ankle and lower leg. 5 minutes
3. Wrap massaged foot in hot or cold damp towel and repeat on other foot. 5 minutes
4. Wrap the foot in hot or cold towel.
5. Sanitize your hands to perform Neck and Shoulder Massage.
6. Perform 5 minute neck and shoulder massage using light body butter.
7. Wipe excess butter from base of feet with towels. 1 minute

Treatment Ending (1 minute)

8. Spritz legs, arms and entire body with Deep Sea Mist. 1 minute

Retail Recommendations

- Body Mist
- Body Butter
- Lip Balm
- After Sun Healing Remedy

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